

Low Calorie Leftover Easter Menu

MENU PLANNER

WEEK OF _____

	BREAKFAST	LUNCH	DINNER
MONDAY	Low Calorie Leftover Ham Breakfast Quesadillas	Low Calorie Egg Salad Sandwiches or Salads	Low Calorie Shakshuka
TUESDAY	Low Calorie Leftover Ham Breakfast Casserole	Low Calorie Cobb Salads	Low Calorie Tequila Lime Tacos
WEDNESDAY	Low Calorie Leftover Ham Breakfast Quesadillas	Low Calorie Egg Salad Sandwiches or Salads	Low Calorie Green Goddess Salad
THURSDAY	Low Calorie Leftover Ham Breakfast Casserole	Low Calorie Cobb Salads	Low Calorie Ham and Bean Soup
FRIDAY	Low Calorie Leftover Ham Breakfast Quesadillas	Low Calorie Egg Salad Sandwiches or Salads	Low Calorie Chicken Quesadillas
SATURDAY	Low Calorie Leftover Ham Breakfast Casserole	Low Calorie Cobb Salads	Low Calorie Ham Pasta Casserole
SUNDAY	Low Calorie Leftover Ham Breakfast Quesadillas	Low Calorie Egg Salad Sandwiches or Salads	Low Calorie Chicken Shawarma Wraps